



## Free in Christ Ministries International

The Scriptural support for a dress code may be found in 1Timothy 2:9,10; 1Timothy 4:12; 1Peter 3:3,4; and 1Corinthians 6:19-20.

## **Principles**

- The Bible enjoins us to dress modestly, and live not for ourselves but for others. Modesty refers not only to avoiding that which is sensual but also to avoiding that which calls attention to oneself.
- The Bible teaches that we should recognize and honor the God-ordained distinctions between male and female.

Clothing should be appropriate for promoting the goal of sharing the Gospel. It should therefore be comfortable for the wearer and not a distraction for others.

Good stewardship requires that clothing be practical and affordable.

Parents, students and leaders will easily interpret a good dress code.

Clothing for ministry and school should be distinct from clothing for play or recreation.

## Youth Code

- All aspects of dress should be neat, clean, and modest. Styles of hair, clothing, makeup and jewelry should be such as are generally acceptable to the majority of Christian believers. No offensive printing or offensive pictures on shirts are allowed.
- WOMEN: Modest dress (no tight short-shorts, no shorter than two inches above the knee. no V neck t-shirts. Tops must fit properly with a modest, well-fitting neckline. Sheer material must have proper undergarments. Tank Tops, Tube Tops, Spaghetti Straps, or bare midriffs are not allowed. Church clothes for Sunday service ... Pants allowed or jeans. Pants should fit so that undergarments or bare skin are not evident. Shirts with tails are to be tucked in. No short dresses. Dresses and skirts must be no shorter than the top of the knee. (Culottes and split skirts will be treated as skirts if they look primarily like skirts as opposed to shorts). Use modest makeup.
- MEN: Men are not allowed to wear earrings of any kind. no shorts inside the church in Costa Rica while performing services. Church clothes for Sunday service: jeans allowed and formal t-shirt. Shirts with tails are to be tucked in. Properly fastened indoor shoes must be worn in the buildings and outdoor shoes worn outside at all times.

## Exceptions

Team Participants may be asked to dress more formally for certain events such as services, concerts, ministry groups, game day for sports teams, etc. Participants are permitted to dress more casually for sporting events, retreats, etc.

No boy and girl close contact (holding hands, kissing, etc)